

DATE:

Wednesday,
February 28, 2007

LOCATION:

Holiday Inn Select
(St. Clair Saints Hall)
1855 Huron Church Road
Windsor, Ontario

REGISTRATION:

FREE—OPEN TO PUBLIC

To ensure seating RSVP below:

OHCOW Windsor Clinic
3129 Marentette Avenue, Unit 1
Windsor, Ontario, N8X 4G1
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Community Partners:

Windsor Occupational Health
Information Service (WOHIS)

Workers' Health & Safety Centre
(WHSC)

Ergonomic Consulting Group (ECG)

Occupational Health Clinics for
Ontario Workers, Inc. (OHCOW)

Industrial Accident Prevention
Association (IAPA)

Windsor & District Labour Council
(W&DLC)

Ontario Network of Injured Workers'
Group (ONIWG)

Ontario Nurses Association (ONA)

Canadian Auto Workers Union (CAW)



Work-related **musculoskeletal disorders (MSD)** occur in all industry sectors and dramatically affect the lives of workers in Ontario. Understanding these injuries, as well as interventions for prevention is crucial for preventing permanent disability. February 28, 2007 marks the **8th annual International RSI Awareness Day**, which is dedicated to the education and prevention of such workplace injuries. Learn about injury prevention and the Ministry of Labour's upcoming *MSD Prevention Guidelines*, as community partners host this information session designed for workers and employers alike. Attendance to any or all of the topics being presented is open to the public **free of charge**.

Presentation topics and schedule:

RSI / MSD - What are they?

10:30 - 11:10

Focusing specifically upon repetitive strain injuries and musculoskeletal disorders, this presentation will serve to develop a better understanding of the injuries commonly occurring in the workplace.

Understanding "all" of the risks

11:30 - 12:10

Workplace injuries are rarely the result of a single risk factor, such as repetition. This presentation will discuss additional ergonomic risk factors and explain their combined role in the development of work related musculoskeletal disorders.

Developing a safe lifting program

12:30 - 1:10

This presentation will explore the commonly used term "safe lifting" by discussing the benefits associated with having a lifting program in the workplace as well as profiling one currently used in our community.

Forming an Ergonomic Committee

1:30 - 2:10

An ergonomic committee can serve as an efficient and proactive means of improving workplace conditions and decreasing work-related injuries. How to set up such a committee in the workplace will be the central focus of this presentation.

MSD Guidelines - Where are they headed?

2:30 - 3:10

Get up-to-date with the Ministry of Labour's recent musculoskeletal disorder campaign and learn about the guidelines that will be affecting your workplace.

Discussion Panel & Information Session

3:30 - 4:10

Many years of lobbying for Ergonomic Legislation has resulted in new *MSD Prevention Guidelines*. Can Guidelines be as effective as Legislation? What are the enforcement strategies? Can we make them work? A panel of experts will attempt to address such concerns during this interactive discussion and information session.