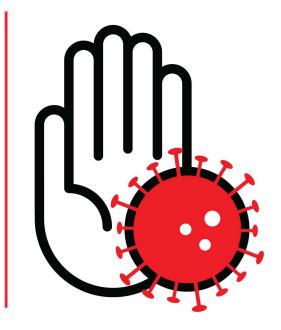
NOVEL CORONAVIRUS COVID-19

PROTECT YOURSELF





Wash your hands with soap and water for at least 20 seconds thoroughly and often.



Cough and sneeze into your sleeve or a tissue. Dispose of tissue immediately and wash your hands.



Keep surfaces clean and disinfected.



Stay home when you are sick.

The Government of Canada has a COVID - 19 information hotline at 1-833-784-4397 or visit Canada.ca/coronavirus or Ontario.ca/coronavirus

If your have symptoms, call Telehealth Ontario at:

1-866-797-0000

TTY: 1-866-797-0007

Or contact your public health unit.

